



2019 LIFEGUARD INSTRUCTOR COURSE INFO



The purpose of the instructor course is to train instructor candidates to teach the American Red Cross Lifeguarding, Shallow Water Lifeguarding, Waterpark skills, CPR/AED for Professional Rescuers and Health Care Providers, Administering Emergency Oxygen and Bloodborne Pathogens Training courses and/or modules.

Students are required to perform the course prerequisite skills tests (listed below) upon arriving for the first class. Students must also be able to attend all dates listed per course to fulfill the completion requirements.

Course prerequisites include:

- ◆ Be at least 17 years of age on or before the final scheduled class session
- ◆ Have a current American Red Cross Lifeguard and First Aid /CPR./AED for the professional rescuer
- ◆ Successfully demonstrate the following skills:
 - ◆ Pass an online session which consists of an orientation to the American Red Cross and Lifeguarding Instructor Course
 - ◆ Swim 300 yards while demonstrating continuous breath control & rhythmic breathing:
 - ◆ Rescue scenarios to include:
 - Primary assessment
 - First Aid
 - CPR/AED
 - Head/neck/back injury
 - Passive Victim
 - Active victim rescue
 - Submerged victim rescue
 - Two-person removal using a backboard
- ◆ Download/print required instructor's and participant's manuals

Registration:

- ◆ Registration cost is \$100. Scholarship application information is available at the Aquatic Office.
- ◆ Registrations are accepted at the Aquatic Office, Monday—Friday from 8:00am—5:00pm (excluding holidays)
- ◆ Due to limited slots, registrations are reserved for students working for the City of Austin Parks and Recreation Department, Aquatic Division
- ◆ A \$5.00 transfer fee or a \$10.00 cancellation fee are applicable for any registration changes

Course dates on reverse page.

If you have any additional questions regarding the lifeguard instructor course, please contact the aquatic office at 512-974-9330 or aquatics office@austintexas.gov





2018 LIFEGUARD INSTRUCTOR COURSE INFO



Lifeguard Instructor Course Schedule:

Course Code	First day/Pre-course	Class Dates	Times <u>(except for pre-course)</u>	Location
LGI 1	12/16/2018 8:00am until done	12/16/8, 12/18-21/2018	11a-5p	Stacy Pool/ Aquatic Office
LGI 2	3/2/2019 8:00am until done	3/2 3/7, 3/9, 3/14, 3/16	Weekdays 4p-10p/ Weekends 8a-1p	Stacy Pool/ Aquatic Office
LGI 3	4/6/2019 8:00am until done	4/6, 4/11, 4/13, 4/25, 4/27	Weekdays 4p-10p/ Weekends 8a-1p	Stacy Pool/ Aquatic Office
LGI 4	5/4/2019 8:00am until done	5/4, 5/14 - 5/17/2019	11a-5p	Bartholomew/ Aquatic Office
LGI 5	6/1/2019 8:00am until done	6/1/2019, 6/4- 6/7/2019	11a-5p	TBD
LGI 6	7/11/2019 8:00am until done	7/11, 7/16, 7/18, 7/23, 7/25	8a-1p	TBD
LGI 7	8/1/2018 8:00am until done	8/1, 8/6, 8/8, 8/12, 8/14	8a-1p	TBD

If you have any additional questions regarding the lifeguard instructor course, please contact the aquatic office at 512-974-9330 or aquatics office@austintexas.gov

*

